



Forest School

“An inspirational process that offers children, young people and adults regular opportunities to achieve, develop confidence and self-esteem through hands on learning experiences in a local woodland environment” (Forest School (England) Network 2002)



Kinsale Infant
School
Forest School
Information for
Parents/Carers



What is Forest School ?

Forest Schools originated in Scandinavia in the 1950s and first came to the UK in the mid-1990s after a group of students and lecturers visited Denmark and were inspired by what they saw.

6 Key principles of Forest School

- 1. It's a long term repetitive learning process that uses a natural outdoor space.**
- 2. Forest School empowers children to take responsibility for their own**
- 3. Forest school promotes holistic, learning and development.**

4. Forest School encourages emotional growth, self-esteem, confidence and independence.

5. Forest School is facilitated by Mrs Emma Secker a qualified level 3 Forest School practitioner, with Mrs Gemma Leeper as her assistant.

6. Forest School instils a deep respect and awareness for the natural world.

What do the children do?

Forest School sessions are child led and follow the children's interests. A typical session however will include a mix of physical activities, craft activities, games, challenges and stories as well as free time to explore.



Will Children be using tools?

Tools can only be used under close supervision of our Forest School leader and will only be introduced to individual children if she believes they are ready to use them.

Will there be fire lighting and cooking?

Fire lighting may take place under the close supervision of the Forest School leader and is dependent on weather conditions.

Will Forest School be cancelled if weather conditions are poor?

Sessions will take place in all seasons in all weathers. In extreme conditions such as strong winds or thunderstorms sessions may be cancelled.

How are children kept warm during cold wet weather?

Shelters are erected and activities are planned to keep children moving and keep warm. Warm clothing is essential.